Hearty Foundations® Kosher GF

Gluten-Free Kosher Vegetable Base

Pareve - No Added MSG

Product Description

A granular gluten-free base and seasoning made with vegetables, spices and other flavorings found in a classic vegetable stock. This base is certified by Star-K as Kosher Pareve. Prepared, the product creates a golden stock with the balanced, well-rounded flavor and aroma of long-simmered vegetables. Completely vegetarian, this product contains no meat, dairy or egg products and is free of hydrolyzed vegetable protein and hydrogenated oils. The base contains no monosodium glutamate. Made in the USA.

Product Usage

As a Base - Prepare stock by dissolving product in water. This makes an excellent foundation for creating or enhancing stocks, sauces, and gravies. Use prepared stock to create home-style soups or to enhance pasta or rice dishes. Contact RC Fine Foods for recipe ideas or suggested uses.

As a Seasoning - This base will enhance stocks, soups, sauces, gravies, and stews. Use the dry base to season dressings, dips, spreads, vegetables, rice, mashed potatoes and flavored butter or oil. Sprinkle dry base wherever seasoning is desired or use instead of salt. Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield

Packaged in HDPE (BPA/Phthalate free) jars or pails. Each container has a lot code and "Best If Used By" date.

Product Number	18313	18315
Pack Size:	6/12 oz jars	30 lb pail
Yield:	5 gal/12 oz	6.67 gal/lb

Storage Conditions and Shelf Life

Storage: Store in a cool, dry place.
Shelf Life: 12 months.

Ingredient Statement

Salt, dehydrated vegetables (onion, tomato, carrot, celery, bell pepper, carrot juice, green leek), sugar, yeast extract, maltodextrin, palm oil, garlic powder, spices, disodium inosinate, disodium guanylate; and extractives of celery, onion, garlic, and turmeric.

Plant Based - Contains no meat, dairy or egg products.

Contains a bioengineered ingredient.

Nutritional Information

Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	4.5 g (1 cup)	100 g
Calories	10	253
Total Fat	0 g	4.9 g
Saturated Fat	0 g	2.4 g
Trans Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Sodium	610 mg	14,450 mg
Total Carbohydrates	2 g	45.3 g
Dietary Fiber	0 g	4.3 g
Total Sugars	1 g	29.5 g
Added Sugars	1 g	21.5 g
Protein	0 g	7.2 g
Vitamin D	0 mcg	0 mcg
Calcium	3 mg	69.9 mg
Iron	0 mg	1.7 mg
Potassium	38 mg	902 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.

For Additional Product Information or Recipe Ideas contact:
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