Hearty Foundations® Low Sodium GF

Gluten-Free Low Sodium Vegetable Base

Vegan and Kosher Pareve

Product Description

This granular vegetable base and seasoning is Low Sodium, Kosher Pareve (Star-K certified), plant-based (containing no meat, dairy or egg products), and Gluten-Free (lab tested). There is no added monosodium glutamate (MSG) or hydrolyzed proteins. Prepared, the base creates a light golden stock with well-balanced vegetable flavor and aroma. Made in the USA.

Product Usage

As a Base - Prepare stock by dissolving product in water. This makes an excellent foundation for creating or enhancing stocks, sauces, and gravies. Use prepared stock to create home-style soups or to enhance pasta or rice dishes. Contact RC Fine Foods for recipe ideas or suggested uses.

As a Seasoning - Use the dry base to season dressings, dips, spreads, marinades, vegetables, rice, mashed potatoes and flavored butter or oil. Sprinkle on as a seasoning or rub, or use instead of salt for your own signature flavor. Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield

Packaged in HDPE (BPA/Phthalate free) jars or pails. Each container has a lot code and "Best If Used By" date.

Product Number: 81433
Pack Size: 6/9 oz. jars
Yields: 5 gallons/jar

Storage Conditions and Shelf Life

Storage: Store in a cool, dry place.
Shelf Life: 12 months

Ingredient Statement

Dehydrated vegetables (onion, tomato, carrot, celery, corn, bell pepper and garlic), maltodextrin, sugar, salt, yeast extract, corn oil, natural flavors, and extractives of turmeric.
Contains a bioengineered ingredient.

Nutritional Information

Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	1 tsp. (3 g)	100 g
Calories	10	330
Total Fat	0 g	2.3 g
Saturated Fat	0 g	0.4 g
Trans Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Sodium	135 mg	4,230 mg
Total Carbohydrates	2 g	69.1 g
Dietary Fiber	0 g	5.9 g
Total Sugars	1 g	32.9 g
Added Sugars	1 g	20.5 g
Protein	0 g	9.3 g
Vitamin D	0 mcg	0 mcg
Calcium	3 mg	88.2 mg
Iron	0 mg	2.4 mg
Potassium	42 mg	1,302 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Format

For Additional Product Information or Recipe Ideas contact:
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