Hearty Foundations® Low Sodium Advantage Vegetable Base

Product Description

A plant-based granular base and seasoning made with vegetables, herbs and other flavorings found in a classic vegetable stock. Prepared, the product creates a golden stock with the balanced, well-rounded flavor and aroma of long-simmered vegetables, while still satisfying the requirements of a low or reduced sodium diet. Completely plant-based, this product contains no meat, dairy or egg products. This base contains no monosodium glutamate (MSG)*. Made in the USA.

Product Usage

Prepare stock or seasoning by dissolving product in water. A soup base makes an excellent foundation for creating or enhancing stocks, sauces, stews and vegetables. Use prepared stock to create home-style soups or to enhance pasta or rice dishes. Sprinkle on the dry base to season dressings, dips, spreads, vegetables, mashed potatoes and flavored butter or oil. Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield

Packaged in HDPE (BPA/Phthalate free) jars. Each container has a lot code and "Best If Used By" date.
Product Number: 81341
Pack Size: 12/9 oz jars
Yields: 5 gallons/9 oz jar

Storage Conditions and Shelf Life

Storage: Store in a cool, dry place.
Shelf Life: 12 months.

Ingredient Statement

Dehydrated vegetables (onion, tomato, carrot, celery, roasted corn, bell pepper, carrot juice, garlic and leek), sugar, maltodextrin, hydrolyzed corn protein (contains sunflower oil), salt, corn oil, Chinese cabbage extract, natural flavors, disodium inosinate, disodium guanylate, spices, distilled white vinegar, food starch - modified, and extractives of turmeric.
Contains a bioengineered ingredient.

Nutritional Information

Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	3 g (1 cup)	100 g
Calories	10	332
Total Fat	0 g	2.7 g
Saturated Fat	0 g	0.4 g
Trans Fat	0 g	0.1 g
Cholesterol	0 mg	0.4 mg
Sodium	140 mg	4,430 mg
Total Carbohydrates	2 g	68.8 g
Dietary Fiber	0 g	4.5 g
Total Sugars	1 g	33.7 g
Added Sugars	1 g	21.8 g
Protein	0 g	8.9 g
Vitamin D	0 mcg	0.1 mcg
Calcium	3 mg	90.5 mg
Iron	0 mg	2.0 mg
Potassium	47 mg	1,476 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Format

*Contains no added MSG except for that which is naturally occurring.

For Additional Product Information or Recipe Ideas contact:
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Revision Date: 04/05/2023 v.191205