Hearty Foundations®
Low Sodium Supreme Ham Base

Product Description
A rich brown paste base made with real ham, natural juices, and flavors. RC Ham Base is USDA inspected with ham as the first ingredient. It contains no gluten, big 9 allergens, or added monosodium glutamate (MSG). Prepared, this base has the delicate smoky flavor and aroma characteristic of ham stock, while still satisfying the requirements of a low or reduced sodium diet. Gluten-free. Made in the USA.

Product Usage
Prepare stock or seasoning by dissolving product in water. A soup base makes an excellent foundation for creating or enhancing stocks, sauces, and gravies. Use prepared stock to create home-style soups or to enhance pasta or rice dishes. Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield
Packaged in BPA/Phthalate-free HDPE jars. Each container has a lot code and "Best If Used By" date.
Product Number: 81233
Pack Size: 6/9 oz jars
Yields: 5 gallons/jar (8.9 gallons/pound)

Storage Conditions and Shelf Life
Storage: Refrigerate upon receipt
Shelf Life: 12 months

Ingredient Statement
Ground ham (pork, water, dextrose, salt, corn syrup solids, sodium phosphates, dried vinegar, sodium erythrobate, sodium nitrite), food starch modified, chicken fat, salt, sugar, onion powder, potato flour, hydrolysed corn protein, yeast extract, rendered bacon fat (cured with water, salt, sugar, sodium erythorbate, sodium nitrite. may also contain smoke flavoring, dextrose, brown sugar, sodium phosphate, potassium chloride, sodium diacetate, flavoring, honey), rosemary extract added to improve stability, maltodextrin, caramel color, natural flavors, disodium inosinate, disodium guanylate, garlic powder and hardwood smoked maltodextrin.
Contains a bioengineered food ingredient.

Nutritional Information
Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	3 g (1 cup)	100 g
Calories	10	372
Total Fat	0.5 g	19.9 g
Saturated Fat	0 g	6.8 g
Trans Fat	0 g	0.1 g
Cholesterol	0 mg	36.9 mg
Sodium	140 mg	4,370 mg
Total Carbohydrates	1 g	39.5 g
Dietary Fiber	0 g	1.0 g
Total Sugars	0 g	8.4 g
Added Sugars	0 g	8 g
Protein	0 g	9 g
Vitamin D	0 mcg	0.2 mcg
Calcium	1 mg	25.8 mg
Iron	0 mg	1.8 mg
Potassium	9 mg	317 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Format

For Additional Product Information or Recipe Ideas contact:
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