Hearty Foundations®
Low Sodium Supreme Vegetable Base

Product Description
A plant-based granular base and seasoning made with vegetables, herbs and other flavorings found in a classic vegetable stock. Prepared product is a golden stock with balanced, well-rounded flavor and the aroma of long-simmered vegetables, that meets the requirements of a low sodium diet. No added monosodium glutamate (MSG)*. Gluten-free. Plant-Based. Made in the USA.

Product Usage
Prepare stock or seasoning by dissolving product in water. A soup base makes an excellent foundation for creating or enhancing stocks, sauces, stews and vegetables. Use prepared stock to create home-style soups or to enhance pasta or rice dishes. Sprinkle on the dry base to season dressings, dips, spreads, vegetables, mashed potatoes and flavored butter or oil. Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield
Packaged in HDPE (BPA/Phthalate free) jars or pails. Each container has a lot code and "Best If Used By" date.

Product Number:	81240	81243	81245
Pack Size:	12/9 oz. jars	6/9 oz. jars	18 lb. pail
Yields:	5 gallons/9 oz.		8.9 gallons/lb.

Storage Conditions and Shelf Life
Storage: Store in a cool, dry place.
Shelf Life: 12 months.

Ingredient Statement
Dehydrated vegetables (onion, tomato, carrot, roasted corn, celery, bell pepper, garlic, green leek), sugar, maltodextrin, salt, yeast extract, corn oil, Chinese cabbage extract, natural flavors, disodium inosinate, disodium guanylate, spices, white distilled vinegar, food starch - modified, and extractives of turmeric.
Contains a bioengineered ingredient.

Nutritional Information
Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	3 g (1 cup)	100 g
Calories	10	331
Total Fat	0 g	2.8 g
Saturated Fat	0 g	0.4 g
Trans Fat	0 g	0.1 g
Cholesterol	0 mg	0.1 mg
Sodium	140 mg	4,350 mg
Total Carbohydrates	2 g	67 g
Dietary Fiber	0 g	4.7 g
Total Sugars	1 g	35.3 g
Added Sugars	1 g	22.3 g
Protein	0 g	10.6 g
Vitamin D	0 mcg	0.1 mcg
Calcium	3 mg	98.4 mg
Iron	0 mg	2.5 mg
Potassium	58 mg	1829 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Format

*Contains no added MSG except for that which is naturally occurring.

For Additional Product Information or Recipe Ideas contact:
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