Hearty Foundations® Reserve GF

Gluten-Free Vegetable Base

Halal • No Added MSG*

Product Description

A flavorful powder base that is non-GMO. Reserve GF Vegetable Base is vegetable first along with other natural ingredients. This product is certified Halal by HFSAA and there is no added monosodium glutamate, hydrolyzed proteins, disodium inosinate or disodium guanylate. It is tested to be Gluten Free**. When prepared, the base has the pleasant flavor and aroma characteristic of vegetable stock. Reserve GF Vegetable Base is suitable for vegan diets. Made in the USA.

Product Usage

Prepare stock or seasoning by dissolving product in water. A soup base makes an excellent foundation for creating or enhancing stocks, sauces, and gravies. Use prepared stock to create home-style soups or to enhance pasta or rice dishes. The dry base may also be used as a seasoning. Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield

Packaged in HDPE (BPA/Phthalate free) jars or pails. Each container has a lot code and "Best If Used By" date.

Product Number:	14281	14283	14286
Pack Size:	12/12 oz jars	6/12 oz jars	25 lb pail
Yields:	5 gal/jar	5 gal/jar	6.67 gal/lb

Storage Conditions and Shelf Life

Storage: Store in a cool, dry place.
Shelf Life: 12 months.

Ingredient Statement/ GMO Status

Dehydrated vegetables (onion, tomato, sweet corn, carrot, celery, pumpkin, bell pepper, green leek and garlic), sea salt, sugar, yeast extract, canola oil, spices, and extractives of celery, onion and garlic.
All ingredients are non-GMO.

Nutritional Information

Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	4.5 g (1 cup)	100 g
Calories	10	252
Total Fat	0 g	4.4 g
Saturated Fat	0 g	0.4 g
Trans Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Sodium	590 mg	13,840 mg
Total Carbohydrates	2 g	47.2 g
Dietary Fiber	0 g	5.0 g
Total Sugars	1 g	31.7 g
Added Sugars	1 g	21.1 g
Protein	0 g	7.1 g
Vitamin D	0 mcg	0 mcg
Calcium	4 mg	89.6 mg
Iron	0 mg	1.8 mg
Potassium	49 mg	1,143 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.
*Contains no added MSG except for that which is naturally occurring
** Reserve GF Vegetable Base is laboratory tested to be Gluten Free (less than 20 ppm gliadin)

For Additional Product Information or Recipe Ideas contact:
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