Hearty Foundations® Smart Sodium 400®

Reduced Sodium Seafood Base

Product Description

A versatile paste base for any seafood application made from lobster, shrimp, crab and clams. Smart Sodium 400® Reduced Sodium Seafood Base has shellfish as the first ingredient. It is formulated to be Gluten-Free. Prepared, the base has the pleasant flavor and aroma characteristic of seafood stock while offering a reduced sodium level. Made in the USA.

Product Usage

To prepare stock, add base to cold or lukewarm water and stir immediately with a whisk to dissolve. Bring to a boil. A soup base makes an excellent foundation for creating or enhancing stocks, sauces, and gravies. Use prepared stock to create home-style soups or to enhance pasta or rice dishes. Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield

Packaged in BPA/Phthalate-free HDPE jars. Each container has a lot code and "Best If Used By" date.

Product Number:	13401	13403
Pack Size:	12/1 lb jars	6/1 lb jars
Yields:	5 gallons/pound	

Storage Conditions and Shelf Life

Storage: Refrigerate upon receipt
Shelf Life: 9 months

Ingredient Statement

Cooked seafood (lobster meat, shrimp, crab meat and clams), salt, sugar, water, corn starch, dextrose, potato flour, onion powder, yeast extract, ethyl alcohol, spices, garlic powder, dehydrated shrimp, maltodextrin, natural flavor, disodium inosinate, disodium guanylate, lobster extract powder (maltodextrin, salt, spiny lobster extract), and crab extract.
Allergens: Shellfish (Lobster, Shrimp, Crab, Clams)
Contains a bioengineered ingredient.

Nutritional Information

Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	6g (1 cup)	100 g
Calories	10	168
Total Fat	0 g	0.3 g
Saturated Fat	0 g	0 g
Trans Fat	0 g	0 g
Cholesterol	0 mg	29.6 mg
Sodium	380 mg	6,700 mg
Total Carbohydrates	2 g	33.5 g
Dietary Fiber	0 g	0.7 g
Total Sugars	1 g	19.5 g
Added Sugars	1 g	19.3 g
Protein	0 g	7.4 g
Vitamin D	0 mcg	0.0 mcg
Calcium	2 mg	35.9 mg
Iron	0 mg	0.5 mg
Potassium	12 mg	212 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Format

For Additional Product Information or Recipe Ideas contact:
RC Fine Foods • P.O. Box 236 • Belle Mead, NJ 08502
1-800-526-3953 • Fax 1-908-359-6957 • www.rcfinefoods.com

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