Hearty Foundations® Smart Sodium 400®

Special Blend Vegetable Base

Plant-Based · Reduced Sodium · Gluten-Free · No Onion or Garlic · No Added MSG

Product Description

A dry granular base and seasoning made with a unique blend of non-root vegetables and seasonings, with no animal-derived ingredients. The prepared stock has the flavor and aroma of long-simmered vegetables. Ingredients are compliant with Jain dietary restrictions. The base is FODMAP diet friendly and gluten-free. Made in the USA.

Product Usage

As a Base - Prepare stock by dissolving product in water. This is an excellent foundation for stocks, sauces, and gravies. Use prepared stock to create home-style soups or to enhance pasta or rice dishes.
As a Seasoning - Sprinkle on the dry base as a seasoning or rub. Use instead of salt for your own signature flavor.
Contact RC Fine Foods for recipe ideas or suggested uses.

Packaging Sizes and Product Yield

Packaged in HDPE (BPA/Phthalate-free) jars. Each container has a lot code and "Best If Used By" date.
Product Number: 14173
Pack Size: 6/12 oz
Yield: 12 oz. base makes 5 gallons or 6.67 gallons per pound

Storage Conditions and Shelf Life

Storage: Store in a cool, dry place.
Shelf Life: 12 months

Ingredient Statement

Dehydrated vegetables (tomato, celery, zucchini, bell pepper, roasted corn, Chinese cabbage extract), sugar, maltodextrin, salt, sea salt, palm oil, spices, seaweed powder, paprika, corn oil and lemon juice concentrate. Contains a bioengineered ingredient.

Nutritional Information

Product Prepared with: Water

	Prepared	Per 100 grams (base)
Weight or Serving Size	4.5 g (1 cup)	100 g
Calories	15	299
Total Fat	0 g	5.6 g
Saturated Fat	0 g	2.5 g
Trans Fat	0 g	0.1 g
Cholesterol	0 mg	0.1 mg
Sodium	390 mg	9,240 mg
Total Carbohydrates	2 g	57.6 g
Dietary Fiber	0 g	5.2 g
Total Sugars	2 g	35.9 g
Added Sugars	1 g	24.4 g
Protein	0 g	5.6 g
Vitamin D	0 mcg	0 mcg
Calcium	5 mg	118.1 mg
Iron	0 mg	3 mg
Potassium	54 mg	1,264 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.

For Additional Product Information or Recipe Ideas contact:
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