# Jamaican Rice Seasoning Mix

## Product Description

RC Jamaican Rice Seasoning Mix is a free-flowing blend of authentic Jamaican spices and herbs crafted to bring bold, island-inspired flavor to rice and grain dishes. It is an easy way to signature rice dish using parboiled (converted) white rice. It is made in the USA.

## Product Usage

RC Jamaican Rice Seasoning Mix is easily prepared with water, neutral oil, and parboiled (converted) white rice. The blend can be used to season rice, beans, vegetables, poultry, and seafood. Use it to create classic Jamaican-style rice and peas, jerk-seasoned rice, or Caribbean grain bowls Enhance the flavor profile by adding ingredients such as coconut milk, scallions, or fresh herbs. Contact RC Fine Foods for additional recipe ideas.

## Packaging Sizes and Product Yield

Packaged in BPA/Phthalate-free poly packages. Each container has a lot code and "Best If Used By" date.
Product Number: 51140
Pack Size: 8/2.75 oz. packages
Yields: Seasons 2 lbs. rice/package

## Storage Conditions and Shelf Life

Storage: Store product in a cool, dry place. Prepared rice should be held on a steam table or be refrigerated for future use.
Shelf Life: 12 months

## Ingredient Statement

Salt, dehydrated vegetables (onion, tomato, carrot, celery, bell pepper, carrot juice, green leek), coconut, sugar, spice, yeast extract, maltodextrin, palm oil, garlic powder, disodium inosinate, disodium guanylate, natural flavors, and turmeric extract (color).
Contains a bioengineered ingredient.

## Nutritional Information

*Product prepared with 9 cups of water, ¾ cup of neutral oil and 2 pounds of parboiled rice.

| | As a seasoning | Prepared* | Per 100 grams (mix) |
|---|---|---|---|
| Weight or Serving Size | 4 g (1 tsp.) | 1 cup | 100 g (dry) |
| Calories | 10 | 250 | 324 |
| Total Fat | 0.5 g | 9 g | 13.9 g |
| Saturated Fat | 0 g | 1 g | 11 g |
| Trans Fat | 0 g | 0 g | 0 g |
| Cholesterol | 0 mg | 0 mg | 0 mg |
| Sodium | 420 mg | 430 mg | 10,870 mg |
| Total Carbohydrates | 2 g | 39 g | 43.9 g |
| Dietary Fiber | 0 g | 1 g | 7.6 g |
| Total Sugars | 1 g | 1 g | 24.3 g |
| Added Sugars | 1 g | 1 g | 16.2 g |
| Protein | 0 g | 4 g | 7.8 g |
| Vitamin D | 0 mcg | 0 mcg | 0 mcg |
| Calcium | 5 mg | 8 mg | 118.5 mg |
| Iron | 0 mg | 0 mg | 4 mg |
| Potassium | 36 mg | 52 mg | 939 mg |

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.

**For Additional Product Information or Recipe Ideas contact:**
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