# Lobster Base

## Product Description

A paste base made with lobster meat from the cold waters of the North Atlantic. Prepared, this base has a pleasant flavor and aroma characteristic of a lobster stock. The base and prepared stock have an attractive natural light pink color. This product is also available without monosodium glutamate (MSG). RC Lobster Base (Red Style) is available with tomato paste added for a deeper color. Made in the USA.

## Product Usage

Prepare an instant lobster stock by dissolving product in water. A soup base makes an excellent foundation for creating or seasoning stocks and sauces. Use prepared stock to create home-style bisques, soups and chowders, to enhance pasta dishes, or to season stuffing. Contact RC Fine Foods for recipe ideas or suggested uses.

## Packaging Sizes and Product Yield

Packaged in BPA/Phthalate-free HDPE jars or pails. Each container has a lot code and "Best If Used By" date.

| | | | |
|---|---|---|---|
| Product Number: | 13111 | 13113 | 13115 |
| Pack Size: | 12/1 lb jars | 6/1 lb jars | 15 lb pail |
| Yields: | 4 gallons/pound | | |

## Storage Conditions and Shelf Life

Storage: Refrigerate upon receipt
Shelf Life: 9 months

## Ingredient Statement

Cooked lobster meat, monosodium glutamate, salt, sugar, potato flour, onion powder, lobster extract powder (maltodextrin, salt, spiny lobster extract), dextrose, spices, garlic powder, disodium inosinate, and disodium guanylate.
Allergens: Shellfish (Lobster).

## Nutritional Information

Product Prepared with: Water

| | Prepared | Per 100 grams (base) |
|---|---|---|
| Weight or Serving Size | 7 g (1 cup) | 100 g |
| Calories | 10 | 165 |
| Total Fat | 0 g | 0.2 g |
| Saturated Fat | 0 g | 0 g |
| Trans Fat | 0 g | 0 g |
| Cholesterol | 0 mg | 28.4 mg |
| Sodium | 800 mg | 11,220 mg |
| Total Carbohydrates | 1 g | 15.2 g |
| Dietary Fiber | 0 g | 0.5 g |
| Total Sugars | 1 g | 9.5 g |
| Added Sugars | 1 g | 8.7 g |
| Protein | 1 g | 8.7 g |
| Vitamin D | 0 mcg | 0 mcg |
| Calcium | 3 mg | 44.4 mg |
| Iron | 0 mg | 0.4 mg |
| Potassium | 14 mg | 201 mg |

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.

**For Additional Product Information or Recipe Ideas contact:**
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