Sugar Free • Low Sodium • Reduced Calorie
Instant Chocolate Pudding Mix

Product Description
RC Instant Sugar Free Pudding Mixes prepare easily with skim milk to yield flavorful creamy pudding. No cooking is required. The pudding is sweetened with sucralose (the same sweetener as Splenda®). The product contains no sugar, is low in sodium and is reduced calorie. Made in the USA.

Product Usage
Puddings are a popular "comfort" dessert. RC Sugar Free Pudding Mixes can be layered to create eye-catching desserts, used as filling in a layer cake or served in a pie shell.

To prepare, the contents are added to 1 quart of cold skim milk. The mixture is whipped for about 2 minutes. Scrape bowl & whip for 10 minutes at high speed until smooth. Pour into serving dishes and refrigerate. Ready to serve in 2 hours. Keep refrigerated.

Packaging Sizes and Product Yield
Packaged in BPA/Phthalate-free poly packages. Each package has a lot code and "Best If Used By" date.

Product Number:	83410	83400
Pack Size:	12/3.5 oz. bags	6 Chocolate & 6 Vanilla
Yields:	1 quart/bag	1 quart/bag

Storage Conditions and Shelf Life
Storage: Store bags in a cool, dry place. Prepared product must be kept refrigerated.
Shelf Life: 12 months. Prepared: Serve by freshness date on milk used to prepare.

Ingredient Statement
Food starch-modified, maltodextrin*, cocoa powder (processed with alkali), dried cream (cream, nonfat milk, sunflower lecithin), sodium alginate, calcium lactate gluconate, tetrasodium pyrophosphate, acetic acid esters of distilled mono-diglycerides, tetrapotassium pyrophosphate, sucralose, vanillin, and natural flavors.

*trivial source of sugar

Allergens: Milk, Soy.
Contains a bioengineered ingredient.

Nutritional Information
Product Prepared with: Skim Milk.

	Mix Only	Prepared
Weight or Serving Size	12 g	½ cup (135 g)
Calories	50	90
Total Fat	1.5 g	1.5 g
Saturated Fat	1 g	1 g
Trans Fat	0 g	0 g
Cholesterol	5 mg	5 mg
Sodium	110 mg	170 mg
Total Carbohydrates	8 g	14 g
Dietary Fiber	1 g	1 g
Total Sugars	0 g	7 g
Added Sugars	0 g	0 g
Protein	1 g	5 g
Vitamin D	0 mcg	2 mcg
Calcium	38 mg	193 mg
Iron	2 mg	2 mg
Potassium	152 mg	356 mg

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.

For Additional Product Information or Recipe Ideas contact:
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