RC Fine Foods we want to help you make it® **Product Information Sheet** **Gravies & Sauces**

# Tikka Masala Sauce Mix

**with Low Sodium Variation**

## Product Description

RC Tikka Masala Sauce Mix is a reddish-orange powder containing tomatoes, cream, coconut milk and other seasonings. *Tikka Masala* is a popular spicy Indian sauce, which is typically a deep brownish red color. When prepared with water, RC Tikka Masala Sauce Mix yields a rich flavorful sauce. Made in the USA.

## Product Usage

RC Tikka Masala Sauce Mix may be served as is or used as a base for sauces. Popular dishes that can be prepared from the mix include *Chicken Tikka Masala* and *Butter Chicken*. Contact RC Fine Foods for recipe ideas or suggested uses.

To prepare, add one package of RC Tikka Masala Sauce Mix to water (*see below for volume of water*). Stir with a whisk to dissolve. Bring to boil, stirring constantly. Reduce heat and simmer for 10 minutes (or until sauce has thickened and onions have softened), stirring occasionally. The prepared sauce can be held on a steam table or refrigerated for later use.

## Packaging Sizes and Product Yield

Packaged in BPA/Phthalate-free poly packages. Each package has a lot code and "Best If Used By" date.
Product Number: 33220
Pack Size: 8/17 oz.
Yield:

| Sodium Level | Water added per package | Final Yield (approx.) | RC Instant Food Thickener added (suggested) | 2-fl. oz. servings |
|---|---|---|---|---|
| Standard Sodium | 2 quarts | 2 quarts | None | 32 |
| Low Sodium | 3½ quarts | 3½ quarts | ½ cup | 56 |

## Storage Conditions and Shelf Life

Storage: Store packages in a cool, dry place.
Shelf Life: 12 months

## Ingredient Statement

Tomato Powder, cream, coconut milk powder (coconut extract, maltodextrin, sodium caseinate, tricalcium phosphate), sugar, spices, food starch - modified, dehydrated onion, salt, nonfat milk, dehydrated garlic, yeast extract, sunflower lecithin, silicon dioxide (to prevent caking) and natural flavor.
Allergens: Milk. *Contains coconut which is not considered a tree nut allergen.*
Contains a bioengineered ingredient.

## Nutritional Information

Product Prepared with: Water.

| | Regular Sodium | Low Sodium | Low Sodium with Thickener | Per 100 grams (mix) |
|---|---|---|---|---|
| Weight or Serving Size | 15 g mix (¼ cup prepared) | 9 g mix (¼ cup prepared) | 10 g mix (¼ cup prepared) | 100 g mix |
| Calories | 60 | 35 | 40 | 427 |
| Total Fat | 3 g | 1.5 g | 1.5 g | 20.3 g |
| Saturated Fat | 2 g | 1 g | 1 g | 13.7 g |
| Trans Fat | 0 g | 0 g | 0 g | 0.5 g |
| Cholesterol | 5 mg | < 5 mg | < 5 mg | 44.5 mg |
| Sodium | 220 mg | 130 mg | 130 mg | 1,500 mg |
| Total Carbohydrates | 7 g | 4 g | 5 g | 47.4 g |
| Dietary Fiber | 1 g | < 1 g | < 1 g | 6.1 g |
| Total Sugars | 4 g | 2 g | 2 g | 27.2 g |
| Added Sugars | 1 g | < 1 g | < 1 g | 7.5 g |
| Protein | 2 g | 1 g | 1 g | 13.0 g |
| Vitamin D | 0 mcg | 0 mcg | 0 mcg | 0.6 mcg |
| Calcium | 26 mg | 15 mg | 15 mg | 175 mg |
| Iron | 1 mg | 0 mg | 0 mg | 5.7 mg |
| Potassium | 283 mg | 162 mg | 162 mg | 1,888 mg |

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.

**For Additional Product Information or Recipe Ideas contact:**
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