# Unseasoned Cream Sauce Mix

**No Added MSG***

## Product Description

RC Unseasoned Cream Sauce Mix provides an economical and consistent replication of a classic Béchamel or cream sauce. Béchamel sauce is a Mother Sauce, which is prepared with milk and roux, and used as a base for many sauces. RC Unseasoned Cream Sauce Mix is a milk-colored paste. It is easy to prepare and resists breaking when held on a steam table. Made in the USA.

## Product Usage

Use as a foundation for cream soups and sauces. The product is dissolved in water, stock and/or milk and heated to thicken. The quantity of liquid used will control the consistency. Soup bases, seasonings, vegetables, meat, poultry and seafood are among the many ingredients that may be added to create your favorite soups, sauces or entrées.

To prepare, dissolve 1 jar of RC Unseasoned Cream Sauce in 4-6 quarts of cold water, depending on desired consistency. The mix may dissolve more easily if a cold-water slurry is first prepared and then added to the remaining liquid. Heat the mixture to a boil while stirring frequently. Seasonings and other ingredients are added at this time. Milk may be substituted for some of the water.

## Packaging Sizes and Product Yield

Packaged in BPA/Phthalate-free HDPE jars or pails. Each package has a lot code and "Best If Used By" date.

| | | |
|---|---|---|
| Product Number: | 32140 | 32145 |
| Pack Size: | 12/25 oz. | 25 lb. pail |
| Yields: | 4-6 quarts/jar | 5-8 pints/pound |

## Storage Conditions and Shelf Life

Storage: Store packages in a cool, dry place.
Shelf Life: 8 months

## Ingredient Statement

Wheat flour, nonfat dry milk, palm oil, and food starch - modified.
Allergens: Milk, Wheat.
Contains a bioengineered ingredient.

## Nutritional Information

Product Prepared with: Water

| | Prepared | Prepared | Per 100 grams (mix) |
|---|---|---|---|
| Weight or Serving Size | 8 oz prepared soup* (31 g. mix) | 2 oz prepared sauce* (10 g. mix) | 100 g |
| Calories | 160 | 50 | 504 |
| Total Fat | 9 g | 3 g | 27.6 g |
| Saturated Fat | 4.5 g | 1.5 g | 13.9 g |
| Trans Fat | 0 g | 0 g | 0.2 g |
| Cholesterol | 0 mg | 0 mg | 6.5 mg |
| Sodium | 60 mg | 20 mg | 195 mg |
| Total Carbohydrates | 15 g | 5 g | 49.5 g |
| Dietary Fiber | 0 g | 0 g | 0.8 g |
| Total Sugars | 5 g | 2 g | 16.3 g |
| Added Sugars | 0 g | 0 g | 0 g |
| Protein | 4 g | 1 g | 13.6 g |
| Vitamin D | 0 mcg | 0 mcg | 0 mcg |
| Calcium | 139 mg | 45 mcg | 450.1 mg |
| Iron | 0 mg | 0 mg | 0.9 mg |
| Potassium | 182 mg | 59 mg | 592 mg |

For Percentages of Daily Values, please refer to RC Nutritional Information Formats.
*Prepared with water only (5½ quarts for soup, 4 quarts for sauce). Seasonings not included.
Volume and yield may vary depending on ingredients added.
*Contains no added MSG (monosodium glutamate) except for that which is naturally occurring.

**For Additional Product Information or Recipe Ideas contact:**
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